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KATHRYN  
STOTT

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OPTOMETRISTS &  
CONTACT LENS  
PRACTITIONERS

# We care.

At Kathryn Stott, you'll discover a caring, friendly, community-based practice which offers an outstanding quality of eyecare using state-of-the-art technology. Our experienced team is renowned for its clinical excellence and professionalism.

So whether you want to arrange your child's first eye exam, choose a new pair of designer frames or find out about the best contact lenses to suit your needs and lifestyle, Kathryn Stott is always the clear choice

Charlie and Grace at home: Frames by Miu Miu

You care  
We care  
**Eyecare**



# You care.

You want to look good and feel great about yourself, whatever your age, style and eyewear choices. And we want to help. So don't just 'make do' with your current glasses or lenses.

We stock over a thousand frames in all styles and at all prices, so our team can help you find the eyewear best suited to you. And when it comes to contact lenses, we're experts in our field, however 'difficult' your prescription.

Norma, Robin Hood's Bay:

You care  
We care  
**Eyecare**



# You care.

Kathryn Stott can help sports-lovers, too. Whatever sport you're into, visual comfort is essential for optimum performance. From racquet sports and cycling to winter sports and golf, our team has a great deal of experience in all areas of sports vision.

We enjoy introducing you to the latest technology and stock an extensive range of specialist tints, frames, sunglasses and contact lenses. Expert advice, meanwhile, comes as standard. We've raised our game. Let us help you raise yours.

Richard, Otley Chevin: Sunglasses by Adidas

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**Eyecare**



# Eyecare.

There is nothing more precious than your eyesight, which is why we put it at the heart of everything we do. With early detection of vision conditions, 50% of sight loss is avoidable. Yet research shows that one third of adults in the UK have not had an eye test in the last 2 years.

That's why we believe in:

Norma, Robin Hoods Bay: Frames by Miu Miu

**Frequency.** We recommend that adults should have their eyes tested at least every 2 years, and children and adults above 70 should be tested every year. \*

**Thoroughness.** Our appointment interval is 30 minutes long (many optometrists' appointment intervals are 20 minutes long).

**Good communication.** We will always ensure that you understand any procedures we have carried out and the outcome of the examination. And we will carefully listen to your problems and concerns.

\*Unless otherwise advised by your optometrist.

You care  
We care  
**Eyecare**



Photography: Chad & Paul, No.15 Agency

# How to find us.



## Opening hours:

Monday to Wednesday & Friday 9am – 6pm  
Thursday 9am – 7pm  
Saturday 9am – 1pm

[www.kathrynstott.co.uk](http://www.kathrynstott.co.uk)

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**Eyecare**

# Appointment card.

On \_\_\_\_\_ At \_\_\_\_\_ With \_\_\_\_\_

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You will be asked by the Optometrist if you are on medication. You may find it helpful to list any tablets you take:

Don't hesitate to ask at any time during the examination if there is anything you want to know, or would like explaining. Please bring your current spectacles or contact lenses with you. Please let us know if you are unable to keep this appointment. This eye examination will usually take between 20-30 minutes

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